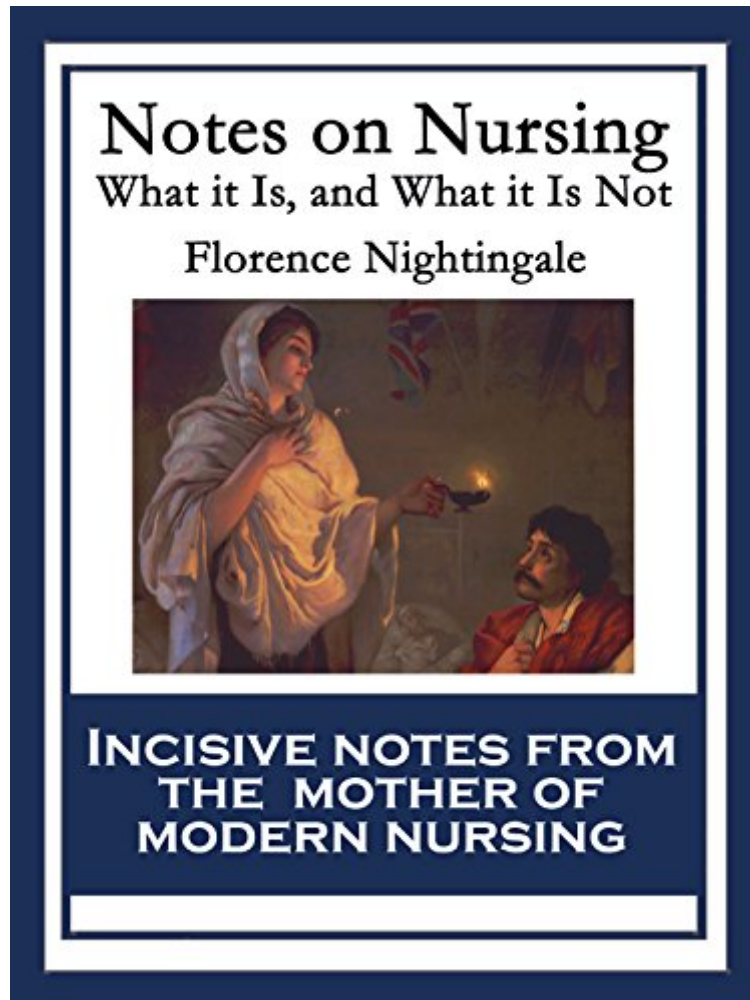




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Notes On Nursing: What It Is, And What It Is Not



Synopsis

Neither in my own nursing education at the B.S.N. nor at the M.S.N. level, was it even suggested, much less required, that I read any of Florence Nightingale's original writings. Even as a nurse educator for over 30 years, I did not require my students to read her writings either. After reading this book, I now believe it is a void in the education of a nurse not to read at least some of the writings of the founder of modern day nursing. Notes on Nursing would be an excellent choice. This book introduces and discusses, to some degree, many of the concepts nurses have been dealing with since before my entrance into the field in the 1969, and certainly ever since. Included in these pages are concepts such as holistic health, home health, alternative therapies, health prevention and maintenance, the role of women in nursing and in everyday life, nursing administration, leadership, communications skills, mind/body and body/mind relationships. Her theory on the use of light, fresh air, warmth, cleanliness, quiet, and the proper selection and administration of diet is also well explored. Some of the comments are unexpected and very insightful. - Anita S. Kessler, R.N., M.S.N., M.Ed. Florence Nightingale was the founder of the modern nursing profession. She single handedly revolutionized medical treatment with her writings on nursing. Anita S. Kessler is an R. N. With Master Degrees in both nursing and education. She has been an educator of nurses for more than thirty years.

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like reading about Flo...the origins of nursing...it is good to read...back to basics

The philosophy of nursing championed by Florence Nightingale undergirds so many of our beliefs about what the nursing profession should strive for. This is a succinct little book by her that lays her convictions out where they can be easily seen and appreciated. A great primary source for anyone interested in Nursing.

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